

"The **FUTURE** is a concept, it doesn't exist.  
There is no such thing as **TOMORROW**.

There never will be, because  
**TIME** is always **NOW**.  
That's one of the things we **DISCOVER**  
when we **STOP TALKING** to ourselves  
and stop **THINKING**.

We find there is only  
**PRESENT**,  
only an **ETERNAL NOW**."

- Alan Watts

Time is a social institution and not a physical reality. There is no such thing as time in the natural world - the world of stars and waters, clouds, mountains and living organisms. There is such a thing as rhythm - rhythm of tides, rhythm of biological processes... There is rhythm and there is motion. Time is a way of measuring motion.

— Alan Watts —